

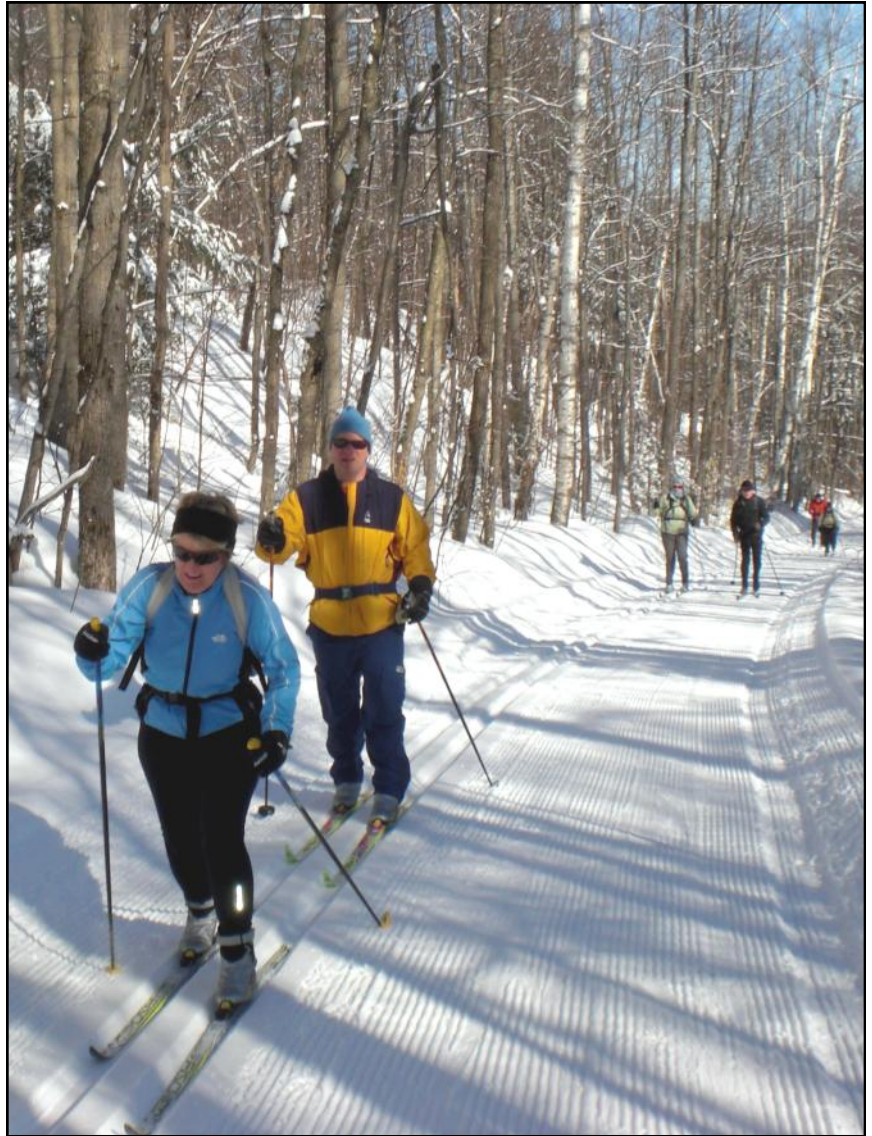
November 2011

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Calendar:

Ski Silver Star	Jan 21
Ski Ottawa Winterlude	Feb 2
Ski Lake Placid	Feb 12



Skiing in Ottawa in 2009

photo Paul Lewis

President's Message by Brenda Lee Luciw

It almost seems like this is the time in the club's activities that there is a lull. Just finishing up what hikes we have planned, kayaking, biking and having the end-of-season get-togethers. Now we have a month to gather our thoughts and start to plan our next year's ski trips or getting to some warm spot for winter. We will be able to organize our pictures, dust off the skis and snow shoes, shop for new gear.... it's that time!

The club's executive has been busy and as you will see by Bonnie's article we have been developing some processes and procedures, and we will share that with you when all is wrapped up. We are also bringing you some new sites and sounds with England and Caribbean hike/walks.

I will see some of you at the Information Nights, and others on the snowy trails

<u>Club Directors</u>		<u>Coordinators</u>	
President	Brenda Luciw	Road Tourers	Position vacant
Vice President	Frank Cooney	Ski Lessons	Toni Quinn
Past President	Heinz Jaeger	Trail Riders	Joe Lechner
Manager/Secretary	Bonnie Quinn	Recording Secretary	Freda Wright
Treasurer	Paul Lewis	Newsletter Editor	Dave Pringle
Membership	Jayne Swanson	Mailing	Freda Wright
Skiing Activities	Toni Quinn	Website	Al Hutchison
Cycling Activities	Heather McClintock		
Hiking Activities	Phill Armstrong	Club Phone	905 634-2012 (Burlington)
Paddling Activities	Dorothy Rideough	or no charge	877 877-4550
Publicity	Margaret Woodruff	Fax	905 335-6102
Special Events	Teri Kramer	Email	outdoor@spectranet.ca
Website	Joe Lechner	Website	www.HaltonOutdoorClub.com

The Halton Outdoor Club News is published five times a year & circulated to Club members.

The next Newsletter's deadline is January 10. Send articles and pictures to the HOC News Editor at 2142 Jardine Cres., Burlington Ont., L7L 7K1, 905 336-0634, or pringled@sympatico.ca.

Advertising space is available to everyone, and is subject to Club approval.

Rates for advertisements are available upon request, call 905 634-2012.

Personal ads (for sale, or social) are free, once per year, to members of the Halton Outdoor Club.

A Note from the Manager by Bonnie Quinn

I have two new developments to report to you in this newsletter.

1) Once again, the Club is selling name tags. These name tags are great to wear on trips so that everyone can get to know your name. I have had to change suppliers because our last supplier has doubled his price over the last two years. Thus I have gone to Dex Promo Gear in Waterdown. This company will sell us a name tag made from hard plastic (3"x1¼") and there is a pin on the back. The Club logo is on the left side of the pin and the person's name is to the right of the logo. These name tags will cost you \$9 which includes tax. If you wish your name tag mailed to you, then I will have to charge you additional postage. To order a name tag, please email me at the club office (outdoor@spectranet.ca), and in addition please send in a cheque made out to the Halton Outdoor Club for the amount of nine dollars.

2) Over the past few years, the Club has taken on providing our Club members with the opportunity to travel to some exotic locations: the Dolomites in Italy, Hong Kong, Iceland, New Zealand, Grand Canyon, Yukon, and Holland. These extended trips form only one segment of a large framework of day, weekend, and extended trips and the timing and number of these travel agent trips offered annually must preserve a proper balance in relation to all other

Club activities. The Club aims to offer to members a range of affordable trips. Currently a subcommittee of the executive is drafting guidelines for trips that utilize a travel agent and air travel. This subcommittee is comprised of eight Executive members and two Club members at large. The group has been working diligently since July on a very lengthy document dealing with the following topics: trip proposal template to assist prospective leaders, tenders for travel agencies, budget issues, cancellation policies and trip insurance, leader guidelines and description of duties, subsidy of leaders, use of scouting or outside guides, and templates for newsletter articles, budgets and communication with trip participants. The subcommittee hopes to have a final draft of this document ready for approval by the executive early in 2012. Once the document has been approved by the Executive it will be placed on the Club's website for all to review. Members will be able to print the guidelines for their own use. Should any member have difficulty printing these guidelines from the website, an electronic copy can be requested through the Club Manager. These trip guidelines are intended to assist not only prospective trip leaders but to ensure the Club provides the opportunity for all members to be able to travel on trips that are priced fairly and transparently.

Drop-In "Hands-On" Waxing Clinic by Freda and Clive Wright

Now is the time to get your skis ready for the ski season. You can bring your skis and waxes and we will provide waxing benches, irons and advice. This will be a "hands-on" workshop, you will learn how to prepare and wax your skis.

For those of you who have waxless skis bring those along too and we will show you how to glide wax your "tips" and "tails" for a better running ski.

Where: 71 Hwy 5 West, Dundas, L9H 7L6. It's ½km West of Clappison's Corners on the north side, behind Clappison's Corners Antiques. Look for the Halton Outdoor Club sign.

When: Tuesday, December 6, 2011

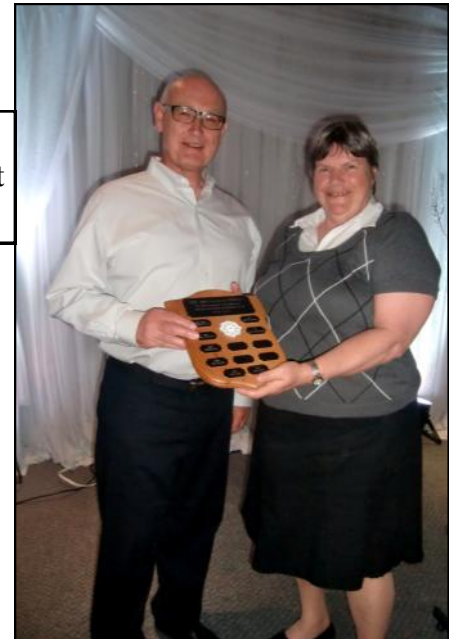
Time: 10:00am to 4:00pm.

Yesterday's Trips & Events:

Annual Spring Dinner Social at Geraldo's in LaSalle Park

photos Paul Lewis

Phill Armstrong is presented with the John Katan award for 2011, by last year's recipient Dorothy Rideough .



The theme for the evening was a walk down memory lane. Eight individuals were recognized for their contributions to the Club over the past 37 years.

Left to right, Doug and Lyn Scott, Brent Tremblay, Harry Goudeau, Ernie and Cecilia Roth, Heinz Jaeger, Mary Waters

Tobermory Trip by Marilyn and Viidas Helm

Viidas and I would both like to express our delight with the Tobermory trip. As we had just arrived home on the Wednesday from a month at the cottage, we were thinking that it was a mistake to have booked for the weekend. However, we enjoyed the experience very much and are so glad that we went. All the activities were varied and interesting. The whole area is very scenic and we were fortunate that the weather was gorgeous. Singing Sands sang to my soul. Of course, the highlight of the weekend was the ferry boat ride and transfer by Zodiac (*cool*) to Flower Pot Island, which was a good hiking venue. Inglis Falls, where we stopped on the way home, would have been a place that we would have never seen otherwise.

When we went to Tobermory last year, it was rainy and most of the stores were closed. This time we were able to explore the picturesque town and were also able just to sit and watch the activities around the bay. Ruth, the proprietor of the motel, was very obliging when discussing the menu with me beforehand and Viidas enjoyed all the scratch cooking that was offered.

It is unfortunate that the trip was not fully booked, as the whole Tobermory outing was wonderful. Members really missed out by not signing up. Please pass on our appreciation for all the time and effort taken to organize the trip to Paul, Anne and Phill.

Finger Lakes 2011: Another Fabulous Trip!!! by Heather McClintock

Once again the members of the Halton Outdoor Club are amazing!!! Thank you so much for making the second trip to the Finger Lakes such a success! The trip again was a combination of road and trail biking, hiking and kayaking. Phil Armstrong and Donna Barber lead excellent hiking and kayaking trips respectively.



The weather was perfect again this year as we continued exploring more of this beautiful region! The biking included many of the lakes, canals, forests and the club favourite...Keuka Lake. The hikers toured Geneva and hiked sections of the Finger Lakes Trail, including awesome Watkins Glen and Letchworth State Park. The kayaking highlights included Seneca Lake with the beautiful waterfall and Indian cliff art and the Seneca River boat lock! Once again, the biggest challenge of the day was which activity to choose!

The July first party costumes were outstanding in both the team and individual competitions! I have no idea how anyone is going to top it next year. This year we doubled our participation to 65 people, and the William and Hobart Smith College in Geneva was able to give us two complete pods of their best senior student rooms. The meals were good and plentiful, satisfying the appetites we worked up each day.



Due to overwhelming demand, I have booked the trip next summer for June 27 to July 2! With all of the input and feedback, 2012 should be even better! Watch the next newsletters and register early to get the air conditioned rooms!



photos Heather McClintock

Cycling Through Northern Holland August 11 to 22, 2011 by Bonnie and Kenn Lendrum

When Gayle Laws first planned a trip to Holland, she expected some friends from the HOC to join her. Forty-eight registrants later, the pangs of trepidation she had about tripping with a range of ages and stages of cyclists were dispelled by the sight of 3,000 bicycles parked outside the Ibis Hotel in Amsterdam. Holland was clearly the right place for this venture.

Cycling in Amsterdam is a principle means of transportation. Unlike most European cities, which are overrun by cars and scooters with their noise and exhaust, Amsterdam is relatively quiet and the buildings are clean. The natives get by with bicycles and taxis. It is common to see a parent cycling with one

child in front and another behind or riding a bicycle that has been structurally adapted to support a large bin (fitted with shoulder straps) just behind the front wheel that holds one or more children and groceries. Many bicycles are also fitted with a plastic guard over the rear wheel, which we came to realize were for women who cycled while wearing skirts/dresses. These same women do not change shoes when they get to work; they cycle in high heels! Another surprising observation was that the only cyclists to wear helmets are tourists and the athletes who look like they are training for the Tour de France. Cycling is an accepted means of transportation with dedicated bicycle lanes that safely separate cyclists from cars.

Serious cyclists may not consider Holland as a destination because it is flat, and they are right. But they are also very wrong. Wind and water define Holland. The wind that blows from the North Sea powers the windmills that generate energy and challenges sailors to stay on course. When it blows against a cyclist, a flat path is irrelevant; the wind can feel like an insurmountable wall of resistance. However, with the wind at one's back, it can make an exhilarating ride on hilly sea-side dunes.

Much of Holland sits below sea level. The fact that

Holland exists today as a country with arable farmland, vibrant cities and towns is a testimony to Dutch ingenuity, industry, architecture and artistry. The ingenuity and industry is a given for the creation of the landmass. Systems of canals separated by dykes of about ten feet high weave throughout the country. Shovels and muscle power created the canals and dykes; the windmill and its Archimedes screw were the original source of pumping power. In Amsterdam, which has been described as the Venice of the North, the canals mean that the other significant form of transportation is by a series of elongated boats that function much like a bus sys-



tem. Throughout the country, the water from the lowest land level is pumped over a successive sequence of dykes and canals until it is pumped into the sea. As cyclists, it meant that ten or more feet below us on one side we would be looking down at houses and farms, while on the other side the land was level with the path.

Artistry and architecture combine to make housing in Holland distinctly Dutch, whether it is the form of canal houses with interesting gables and cornices, pyramidal roofs in the countryside to deflect the wind, or decoratively cut thick thatch over

tile roofs. But the remarkable architectural feature in Holland is what we could not see. The instability of the topsoil in a land that generally sits below sea level means each building must be constructed on a series of piles that penetrate layers of clay and peat into firm sand. The original piles were fifteen-metre lengths of wood. For instance, nine thousand piles support the Central Train Station in Amsterdam. Century old canal houses constructed in this manner have developed “topsy turvy” leans as the wood deteriorates. When a house has developed too great a lean, homeowners are required to replace rotting wood piles with the current day standard of eighteen-metre long concrete piles, which means that we should not complain about the cost when we need to re-roof the house.

These engineering and architectural feats were the backdrop for a trip that had us cycling 300 kilometres over six days along the North Sea coast from Zaan-dam to Den Helder on bike, via ferry to Texel, back to mainland and bikes at Medemblik and then to Amsterdam. We accomplished our trip on 7 speed upright bikes that had seats which contributed to 48 sore tushes each night. Our “home-base” while on tour was the “Angela Esmee”, a barge fitted with 30

cabins measuring on average 94 square feet; the cabin space allowed for two single beds, closet, sink, toilet, and shower. “Tight” would be an apt descriptor. Our cook, who was new to the barge, made delicious meals for us each night, and provided us with the healthy fuel to start our day, and to pack our lunches. The serving/housekeeping staff was delightful and accommodating. The crew was helpful and friendly.

The memorable moments included: Larry and Gloria Johnson's 59th wedding anniversary; Lucy Vandermeer's recall of her birth language; the thrill of thrashing about in the cold North Sea in both cycling apparel and bathing suits; and Joan Shewchun's delightful reading of her composition – a poem which follows this article. Gayle Laws who started this escapade no longer has ten friends; she now has forty-seven who are also fans. As the Air Transit flight landed in Toronto, Gayle drew a relaxed and deep breath. It was a good trip...many said, “The best trip ever!” Visit Lucas Scarfone’s web-site for super photos! www.scarfonephoto.com/2011/holland-bike-tour/ .

photos Heather McClintock

Barging Through Holland by Bike a poem by Joan Shewchun

Batten down the hatches quick and shore up all the dikes!
 The Halton Club is coming now! They're getting on their bikes!
 Strange gears and braking systems and steep ramps won't keep'em out!
 And as they wobble down the street, they know what they're about!
 Pedalling firmer, Pedalling faster, though some butts are sore,
 They struggle on through wind and rain and even ask for more!
 Eating chocolate, eating cheese – it's time to stop for tea,
 But don't drink too much coffee or you might have to ----
 Over dunes and into dales – who says Holland's flat?
 But if your tire should go that way, why, Arie's there like that!
 The air is fresh, the wind is strong, and merrily we ride
 Through little towns so old and quaint and lovely countryside.
 Beside the sea, along the lake, past windmills with their polder -
 Each day our cycling skills increase (though some of us are older!)
 Back to the harbour to our home which keeps us safe afloat,
 The only question that we have is “Where the Hell's the boat!”
 With Arie's guidance and advice, we're all back safe and sound.
 Would we do this trip again? Just turn this ship around!

Tomorrow's Events:

Ottawa (Winterlude) Skiing Weekend February 2 to 5, 2012 by Paul Lewis

After a two year absence, we have decided to return once again to Ottawa! This is one of our best trips in terms of choices, entertainment, pricing and variety of skiing. Bring your blades and skate Ottawa's famous Rideau Canal, and participate in their Winterlude, which has lots of outdoor entertainment (ice sculptures, outdoor concerts, etc). For more information on Winterlude, please visit their website at <http://www.canadacapital.gc.ca/celebrate/winterlude>

By popular decision, dinners are not included, but three breakfasts are part of the package. It will give us the opportunity to dine out and try some of Ottawa's superb culinary offerings. If enough are interested, a dinner together may be organized at a restaurant of choice.

For this year we will again be staying at Capital Hill Hotel on Albert Street, which is in the heart of downtown Ottawa and next to Elgin Street. This recently refurbished hotel is so centrally located that it will take you only 5 minutes to walk to Parliament Hill, Confederation Park (home of the famous Winterlude ice sculptures) and the Rideau Canal, the world's longest skating rink! It's also very close to the Congress Centre, Rideau Centre, and Byward Market. The hotel stands up to expectations as a "Four Star" hotel, features a dining room (Cafe Bibliotheque) and the Livingstone's Pub.

As for skiing, it'll be in the Gatineau Hills (Gatineau Park), on the Quebec side with its 40 groomed, track-set trails, and wilderness trails, amounting to an impressive 200km. There is a very wide variety of trails, for every level of skier from beginner to expert.

The package includes the following: return transportation by luxury coach, transportation to skiing areas, accommodations for 3 nights, 3 breakfasts, cross-country skiing for 3 days, and taxes and gratuities.

The cost per person is: single \$579, doubles \$399, triples \$339, and quads \$309.

We will leave Thursday evening at 5:00pm sharp (one hour earlier than in the past), and arrive at our hotel in Ottawa at about 11:00pm. On Sunday, we will leave our hotel at 4:00pm to be back in Burlington around 10:00pm.

To book, please send the coupon page 26 with \$100 per person immediately and in the same mailing, another cheque for the balance, post-dated not later than December 30, 2011. Cancellations received after December 30, 2011 could result in the loss of your initial deposit if a substitute cannot be found. Cancellation within 3 days prior to departure may result in the loss of your total trip cost, if no substitute can be found, but only if the club is forced to pay the hotel for your vacant place. Cancellation out of a "double" arrangement after December 30, 2011, may result in you having to pay the difference to "single" rate if no substitute can be found, including your initial deposit. Same method will apply to quads & triples. The club also charges a \$25 administration fee for all cancellations.

If you require any further information, please give us a call at 905 634-2012.

Ski Trip to Silver Star January 21 to 29, 2012

This trip is full, please contact the Club for details

Lake Placid, New York February 12 to 17, 2012 by Larry Jewett

We will stay at the Crowne Plaza Resort Hotel, next to the Olympic Center, in the heart of Lake Placid. The hotel's vantage point on the hill above Main Street offers one of the best views of Mirror Lake and the Adirondack Mountains. The hotel has free internet in their business center, a large indoor patio with pool and hot tub, an exercise room and laundry room. Rooms have television, refrigerator, coffee maker and microwave. We will enjoy buffet dinners on Sunday and Thursday evenings. Our lunch stop will be in Kingston, border crossing at Prescott and arriving in Lake Placid by 5:00pm with a stop at Price Choppers plaza.



Lake Placid has its own trails in town. The Jackrabbit trail joins Saranac Lake to Lake Placid and continues on to Cascade XC Center. Cascade's trails link with the Olympic Biathlon Center and the Olympic XC Trails at Mt. Van Hoevenberg. This NY State operated center grooms daily for classic and skating on all 50km of their trails. For anyone who wants to take the morning or afternoon off from skiing there is plenty to see in Lake Placid. Our bus will depart the hotel at 9:00am and again at 12 noon Monday, Tuesday and Thursday for the two main ski centers. Return trips are at 1:00 and 4:00pm. We may use Wednesday as a chance to explore another local ski area.

The cost for this Halton Club trip includes two buffet dinners and five breakfasts with lodging, taxes as well as meal gratuities, trail fees and transportation by Western Pacific.

We leave Burlington at 8:00am, Sunday 12 February, 2012. Park your car at a new location, see our website for details. We will depart the Crowne Plaza Friday 17 February at 2:00pm returning about 11:00pm to Burlington.

The cost per person is subject to exchange rate changes. Single occupancy is \$925, Double is \$690 each, Triple is \$630 each and Quad is \$600 each. Complete the slip on page 26 and send it with three

cheques dated as follows: Current date on a cheque for \$100 per person as a deposit, a cheque dated 16 November 2011 for \$150 per person and balance dated 7 January 2012 for the total remaining cost for the trip.

You may cancel without penalty up until December 1. After December 1, you may lose any portion of the fee that the club is charged. Some of these charges would be for accommodation, food, transportation, and your portion of the bus driver tip and accommodation, leader fee, etc. If you cancel out of a double, you may be charged the difference in price between a single and a double. The same principles are applied to triple and quad rooms. Also, there is a \$25 charge for any cancellation per trip submission.

Seat number assignment on receipt of your \$100 deposit. Give us your seat preference.

You will need your passport and medical insurance for this trip to New York State. Bring only one ski bag and one large piece of luggage for each person plus a 'carry on' - one stowable bag in the overhead racks.

www.steelcitytravel.com


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Fax : 905-528-5129
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601 Upper James St., Unit 3, Hamilton, Ontario, L9C 2Y7

Caribbean Contrasts Cruise and Walk Holiday March 15 to 29, 2012 by Phill Armstrong

Cruise & Walk means a new place to walk and see every day, while travelling in complete comfort. Fred Olsen Cruise Lines are our floating hotels, no packing and unpacking. The Braemar was refitted in 2008 and carries 927 passengers in 484 cabins with a crew of 371. Cascading decks at the stern provide plenty of spaces for sun-bathing, while the vessel also has two open-air swimming pools with a poolside bar and twin jacuzzis. You'll enjoy fine dining as well as the excellent amenities on board. All meals are included as well as a midnight supper, morning coffee and afternoon teas. At each new port of call, your Ramblers Cruise & Walk Holidays Leader will have arranged an itinerary that includes a walking programme to make the most of your new location on your Cruise & Walk holiday. A degree of flexibility is required; weather conditions, for example, may mean arrival/departure times at ports may vary. No need to worry - our Ramblers Cruise & Walk Holidays leader will always be on hand to adeptly re-arrange plans if necessary.

<u>Date</u>	<u>Arrive</u>	<u>Depart</u>	<u>Destination</u>
Thu 15			Flight Toronto to Barbados, transfer and embarkation.
Fri 16		Late PM	Bridgetown, Barbados
Sat 17	Early AM	Late PM	St George's, Grenada
Mon 19	Early AM	Late PM	Willemstad, Curacao
Wed 21	Early AM	Late Night	Road Town, Tortola
Thu 22	Early AM	Late Night	Philipsburg, St. Maarten
Fri 23	Early AM	Late Night	Basseterre, St Kitts
Sat 24	Early AM	Late PM	St John's, Antigua
Sun 25	Early AM	Late Night	Roseau, Dominica
Tue 27	Early AM	Late PM	Scarborough, Tobago
Wed 28	Early AM	Late PM	Castries, St. Lucia
Thu 29	Early AM		Bridgetown, Barbados, disembarkation, transfer & flight to Toronto, arrive late evening.

The Halton Outdoor Club has teamed up again with Ramblers Holidays U.K. and Steel City Travel to provide this exciting holiday. We have arranged this as a group tour for a maximum of 24 people. The cruise cost is \$3,091 per person based on twin inside cabins. There are direct non-stop flights from Toronto to Bridgetown Barbados that are currently about \$750 per person. If there are enough people traveling together a group rate may be possible. Your holiday price includes: All accommodation and meals. A shore visit programme including all transport costs for our walking and sightseeing programmes from the ports visited. Occasionally there may be an optional museum entrance to pay for locally. Details are in our Holiday Information Sheets.

Walking tours with local guides around many of the cities we visit. Transfers by Fred Olsen coach shuttle, where necessary, between the port and the city centre. Tips to restaurant staff on the ship – we ask you to tip your cabin staff, however. The services of your Ramblers Worldwide Holidays Cruise & Walk leader. Surcharges – all prices are guaranteed against surcharges except for government imposed charges and increased fuel costs however prices have been adjusted already for recent fuel price changes. If you would like a cabin upgrade Steel City Travel will do the booking and payment should be made through them for the upgrade.

Booking: Send two cheques payable to the Halton Outdoor Club with the coupon p 26. One should be for \$300 per person, this is the deposit on the cruise portion of the trip, the second \$2,791 will be for the balance post dated to December 1 2011. Your cheque should be marked cruise hike. Once you have sent in your cheques we will put you in contact with the travel agent. We need your cheques in the office to confirm your booking. Steel City travel can work out cabin upgrades, the flight details, payments and can arrange health insurance and trip cancellation insurance. It is important to note that Ramblers requires customers to have adequate health insurance before the trip starts.

The fine print: Your initial deposit of \$300 is non-refundable, should you wish to withdraw later. However if Ramblers were to cancel the holiday your deposit would be returned to the club and we would return it to you. The cruise portion of your holiday is fully refundable if Ramblers cancel the trip. If you were to cancel the penalty varies from deposit only up to 56 days before departure to 100% if you cancelled 7 days or less before departure. For full details see www.ramblersolidays.co.uk. Payment for the cruise portion of the trip is due at least 8 weeks before departure. The airline portion of the trip is subject to payment schedule and cancellation penalties, which vary with the type of ticket you buy. Steel City Travel will discuss these with you when you book. The trip has been priced at current exchange rates, which is approximately \$1.58 to the GBP. If there were a major change in rates we would require a supplement to cover the difference, similarly if the rate drops significantly we would refund you the gain.

Yukon Trip March 19 To 28, 2012 by Patrick Vincent

We are planning to run a ski trip to Yukon again in 2012, for March 19 to 28. The trip will be limited to 13 people, which is one less than the 2011 trip. This will mean that we will have three people in the back seat of the van. We found that four in the back row was a little too close for comfort and participants asked that we should consider one fewer. Plans are for 4 nights in Whitehorse, 3 nights in Haines Junction, and then 2 nights back in Whitehorse.

Skiing plans will include the Whitehorse Ski Club which has excellent trails and is so close to town that it has city bus service. We will also ski the Ascent trail on Mount McIntyre. The trail is long because it starts with about 7km of easy skiing from the ski club, then it climbs about 1,500 feet. The uphill is not difficult, with some areas requiring herring boning, but also plenty of uphill walking on skis. The downhill is on a wide trail which is a road in summer and has plenty of room for snowplough turns. On our last visit, 9 or 10 people did this trip and had a real sense of accomplishment at the end of the day. If we have good weather we will spend a day skiing at the summit of the White Pass. This is a spectacular area in the mountains with relatively easy trails. Haines Junction is a smaller community on the edge of the huge Coast Mountains. There are at least two trails we can ski which will take us towards the mountains on trails which are not difficult. On the way to Haines Junction we will ski about 6km up the Takhini River to Jane's winter tent site. Last year's group found this one of the most interesting days as we do not often ski on a river. We found many tracks on the river as the animals also use it as an easy traveling route. We will build a fire and have a picnic lunch at the tent site. On the way back to Whitehorse, Jane has invited the group to her home for an early dinner. The last day in Whitehorse we plan a "fun" day and a farewell dinner. This trip is geared to intermediate level skiers. The skiing is not difficult, but a reasonable level of fitness is required to get the most out of this experience.

Our Yukon guide and driver will be Jane Vincent. She has lived in Yukon for about 22 years and will pass on to you some of her knowledge of and enthusiasm for the north. The land cost of this trip is \$2,100, which includes hotel accommodation for 9 nights, 9 breakfasts, 5 dinners, all transportation from the airport, back to the airport, guide fees (but not gratuity) and trail passes for skiing at Whitehorse Ski Club. Lunches are not included, but there will be an opportunity to purchase supplies at a supermarket within walking distance of the hotel. Optional extras could be dog sledding and/or a flight seeing trip from Haines Junction over the glaciers. The airfare is not included in this price. The tentative airfare is \$1,132 which requires reservations to be made by **November 14**. Flights will be on Air Canada via Vancouver. It is possible to stopover in Vancouver on the way home. A stopover may cost a little extra because you would not be part of the group. Our flight arrangements are being made with Steel City Travel and if you have any special travel requests you can contact them direct (phone: 905 528-5116, email bscarfone@mkitravel.com).

To sign up for this trip, complete the application form on page 27 and send it with a non-refundable cheque for \$200 deposit with today's date. The final amount will be due on January 15. The amount should be \$3,032 (\$2,100 + \$1,132 - \$200 deposit), but this will be confirmed after the flight reservations have been made. After the final payment there will be no refund unless there is a replacement person, so you may want to consider taking cancellation insurance. Remember that cancellation insurance will protect you against illness, but not against changing your mind.

Iceland Update by Heinz Jaeger

Our trip is a go, unless something catastrophic happens. I have been able to arrange for a smaller bus, so we can go with up to 18 people. Final costs are still \$4,300 +/- about 5%, depending on final flight costs and dollar exchange. You will find itinerary on our website bulletin board. I am still trying to make transportation arrangements to and from Toronto airport. Incidentally, if you should hear rumors about an impending eruption of the Keflavik volcano, do not worry; our route will not be affected.

Keflavik is near the south shore and we are going to the north-west peninsula, more than 150km away. Even an ash cloud will drift in the opposite direction with the prevailing westerly wind. If it does happen, we will be able to see it from afar. I'll keep all who have signed up informed with respect to payment schedule, cancellation penalties and where to get insurance.

Ski Lessons 2011 – 2012 by Toni Quinn

The club will again offer ski lessons at the beginning of the season to help new skiers learn the skills that will help them enjoy skiing right from their first day on the trails, and to give more advanced training to those coming back to the sport or wishing to enhance their skills. Each lesson consists of a morning and an afternoon session on the same day. The dates for the Level 1 lessons are:

Sunday, December 11 at Highlands Nordic, & back-up date Sunday January 8.

Saturday, December 17 at Horseshoe Valley, & back-up date Saturday January 7.

The back-up dates are in case the lessons have to be postponed due to weather or snow conditions.

There will be two lesson levels for classic skiing: **Level 1** is for beginners in the sport or for those who may have done a little skiing several years ago. This course will teach you the fundamentals of skiing and give you the skills to enjoy yourself on the easier trails of the resorts.

Level 2 is for those who wish to refresh their skills in order to ski more efficiently and confidently uphill, downhill and on the level. This level is for people who have skied before and have reasonable confidence on skis. The first part of the day will be on the training grids and the second part on the trails. There will only be one group (max. 10 students) for Level 2 so if you wish to be part of this group you need to apply as soon as possible. It will be offered on Saturday December 17, & back-up date is Saturday January 7.

There will be follow-up classes for all students on Saturday January 14 at Mansfield. The instructors have volunteered to take students out on the trails for half a day. We recommend that all students come to the follow-up to practice the new skills learned in the lessons and to receive tips from your instructors. Students must pay the bus fare and trail fee for the follow-up classes.

The cost of the lessons is \$80, which includes the bus fare, trail fee and instruction. The registration form is on page 27. It should be sent to the club address, with your cheque, to be received by December 1. After this date the fee will be \$85. If you are flexible and could attend either the first or second level 1 lesson day, please indicate this on the form as it will help us put you in the class most appropriate for you. Your instructor will be in touch with you about a week before the lessons, preferably by email, so please make sure you include your email address on the application form.

More detailed information about the lessons is available on the club web site, www.haltonoutdoorclub.com. There are also 26 Instructor's Corner articles with detailed hints for improving your cross-country skiing technique, including links to photos and videos. If you have any questions about lessons, contact Toni Quinn at toni.quinn@cogeco.ca. You can also leave a message at the club phone number 905 634-2012 or 1 877 877-4550 and we will call you back.

Ski Director's Note by Toni Quinn

This year there are a number of changes to the ski schedule and related matters so please peruse the Ski Schedule and its details carefully, as well as the Ski Schedule Notes and What You Need to Know about Day Trip Procedures. We have extra mid-week trips to make up for the loss of 4 day-trips due to Christmas and New Year's falling on weekends. If you haven't given mid-week trips a try, come on out. These trips can be magical especially with fresh snow, groomed trails and few other skiers.

We are getting some questions about our practice of collecting unpaid bus fares as members board the bus, which we have been doing for the past season and a half. One reason is that the tasks of the trip leaders have become more complex over the years and take more time. There used to be a flat trail fee for all passengers, which can be quickly collected. Nowadays in addition to the outstanding bus fares we have to collect and record names and numbers for different levels of trail fees, since resorts often have 3 levels of skiing fees as well as snowshoe fees. Increasingly, people are also choosing to pay bus fares on the bus, adding to the workload. All this makes it difficult to get everything done before arrival, especially at closer destinations such as Mansfield, and even more so if the driver needs direction. Another important reason to collect on boarding is to minimize the time the trip leader spends out of his/her seat. As many of you will recall, we had an incident of someone being thrown into the front window of the bus during sudden braking. In the interests of safety we are trying to reduce the amount of time the trip leader is standing.

Benefits to booking in advance are the discounted bus fare and the guarantee of a seat. It also ensures that the trip will not be cancelled due to low numbers before you even get around to calling in to join up. If you choose to book by phone, you will be asked to pay as you board the bus. In Oakville pre-paid skiers have priority boarding. This is to get as many people on as quickly as possible. Those who have pre-paid should not have to wait in the cold while others pay. It is a bonus that those who have pre-paid get seating priority. It speeds things up if you have your bus fares ready as you board. Trail fees paid in cash will still be collected during the trip.

I want to speak to a problem that has been happening more in the last few years, a result of increasingly unpredictable weather. I refer to participants pulling out in the last couple of days before a trip, resulting in numbers too low to cover the cost of the bus. This forces a trip to be cancelled. There have been a number of disappointing occasions when we had to cancel trips in spite of good or excellent conditions at the destination or an alternate one by the day of the trip. There is a tendency for members to cancel a day or two ahead when the forecast is ambiguous and it is hard to predict ski conditions, and it also happens when the weather at home is unseasonably warm, no snow in sight, so people assume the same is true at the resorts. Sometimes the decision on whether to proceed with a trip cannot be made by Thursday night because, in spite of a dubious forecast, there is still hope. In that case, we can hold off cancelling if we still have enough participants. Please remember that if the Club ultimately cancels the trip, you do not lose your money. Bonnie and the trip leader carefully monitor weather, ski and road conditions and do their best to make the right decision as soon as possible. We will change destinations or if need be, cancel, if to the best of our knowledge ski conditions will be less than good or if driving is expected to be hazardous. Our goal is to provide a good ski experience so we try not to run trips under marginal conditions. We are hoping to avoid unnecessary cancellations by reinforcing the message that you will not lose your money if, in the end, the club has to cancel.

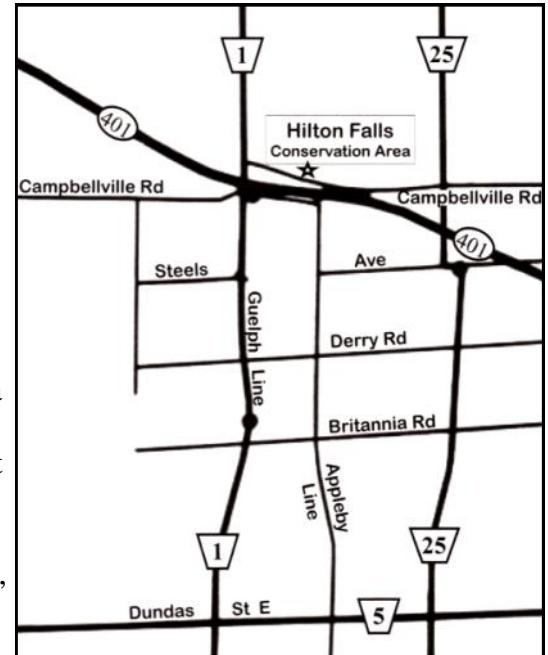
Here's hoping for plenty of snow in just the right places. I look forward to seeing everyone on the trails. And remember your cameras for the photo contest.

Moonlight Skiing At Hilton Falls by Toni Quinn

Every year Hilton Falls holds Moonlight Ski Events to coincide with the full moon. The dates for Moonlight ski evenings in 2012 are: January 6, February 3, and March 9, from 5:30 to 9:00pm. Although our club provides most of the leaders, they are not Club events. Nevertheless there has been a long cooperation between Hilton Falls and the Halton Outdoor Club at the Moonlight Ski Events and we hope this will continue.

Moonlight skiing can be a fun family event. We lead groups of skiers and snowshoers to the Falls, about 2km each way, where there is a bonfire and hot drinks. There is also a need for assistants to act as sweeps and to assist slower skiers. Groups are formed when sufficient people are ready to leave the parking lot, from 6.30pm on. If you volunteer to be a leader or assistant, there is no charge to participate. Other skiers pay \$10 to take part. There are some rental skis available, but these should be reserved with the Conservation Area (905 854-0262) ahead of time.

If you would like to lead or assist, please contact the coordinator at Hilton Falls: Jane Robinson, jrobinson@hrca.on.ca; or at 905 854-0262 x 3103.



Halton Outdoor Club Skier's Safety and Courtesy Code

The Club has developed this Safety and Courtesy Code based on the Skier's Responsibility Code adopted by the Canadian Ski Patrol. Report any incidents to the trip leader, ski patrol and resort.

Before Skiing: Wear breathable clothing, hat, sun glasses, lip balm and sunscreen. Always carry a cell phone, resort's phone number, water, ski wax, safety blanket, energy bar or candies, trail map, Foxâ whistle and personal medication. Check posted trail conditions and observe closures or warnings.

Determine conditions (snow, temperature, grooming). On cold and/or windy days, be aware of the possibility of frostbite. Wear a protective layer and frequently check the faces of fellow skiers for patches of white skin.

On the Trail: Always ski in control so you can stop or avoid skiers or objects. After a fall, move off to the side of the trail. When it is clear, fill in holes and depressions to repair the track. Ski on marked trails. Ski in the direction indicated. Always assume other skiers will be sharing the trail with you and allow room for them to pass. Where there are double tracks, always ski in the right track. Leave the left track for passing. When the track becomes too steep to climb, herringbone in the skating lane. Leave room for passing skiers.

If you need to stop or walk, keep to the side and stay out of the track and skating lane. Allow faster skiers the right of way. When passing, say "track" or "passing on your left/right" to alert slower skiers. Before entering a trail, look in all directions for descending skiers before entering the track. Allow plenty of time to return to your destination towards the end of the day. Remember that after a day of skiing you will likely be slower. Accidents are more likely when you are tired. Plan for the most energetic skiing early in the day. Leave no litter. For warm up and cool down, ski slowly in the first and last few minutes of skiing.

Cross-Country Skiing Photo Contest by Toni Quinn

Get your cameras ready for the Cross-Country Skiing Photo Contest! The goal is to showcase the joys of skiing with the Halton Outdoor Club. The winning photos as well as a selection of other submitted photos will be enlarged and displayed on the new Skiing Activities display board. This will be the focal point of the skiing display at all our Public Information Nights and will be used at other public events featuring the Halton Outdoor Club. The photos may also appear in a slide show at public displays. We thank our generous sponsors for providing the prizes that have enabled us to offer this contest: Different Drummer Bookstore, Duncan and Wright foto source, Hardwood Ski and Bike, Highlands Nordic, Mountain Equipment Co-op Burlington Store, and Tumblehome. The club will also provide a prize.

There are three categories: On the Trail, People, and Nature. We are setting few constraints so that you can let your creativity take over. You can include just about anything related to skiing with the club: skiers and scenery along the trails, people in various activities related to skiing with the Club, natural elements, social aspects, ski technique (or lack of same if you are into humour), etc. Each photo will be judged on how well it illustrates an aspect of skiing with the Club and on photographic excellence. We hope to obtain a cross-section of photos that reflect the broad range of skiing activities in our club: day trips, extended trips, trips to BC, the USA and Italy, as well as our other endeavours such as ski lessons, waxing classes, etc. Warning: For your own safety do not ski with a camera in your jacket or pants pocket or on your waistband. If you fall on it you could sustain a fracture or internal organ damage. In spite of the slight inconvenience, please carry your camera in your daypack if you are taking it on the ski trail.

The availability of image-manipulating technology raises the question of how much doctoring of photos is acceptable. Minor manipulation such as cropping, and small adjustments to exposure, colour, etc. are acceptable. However, this is a photo contest, not an art contest (notwithstanding that photography is an art form in its own right), so please don't go overboard and radically alter your pictures. Your pictures should reflect x-c skiing as it really is. That said, originality and creativity are important aspects of photography, so go for it!

There are a few requirements. You must be a member of the Halton Outdoor Club to participate. Pictures must be from a skiing activity with the Club during the 2010-11 and 2011-12 ski seasons. All images must be submitted in digital format as high quality JPEG images. You must use at least a 6 M camera with image size of approx 2000 x 3000 mps so the pictures are of sufficient resolution to be enlarged. In other words, most cell phone cameras will not do the job. Entry forms and details about how to submit pictures will be in the winter newsletter. Photos will be accepted only after that, so please do not send them to the club in the meantime. There will be a limit of one entry form per contestant, covering a maximum of 6 photos. A picture may be submitted in more than one category but it counts as one of the 6 each time it is used. In submitting photos you agree that the Halton Outdoor Club has permission to use them as described above. You retain copyright. We reserve the right to ask to see the original image for verification.

We hope this contest will add bring a new dimension to your skiing. We look forward to seeing your pictures and to showing the winning photos and others at the Spring Social, where the prizes will be awarded. Have fun!

Ski Schedule for 2011-2012 Ski Season

Be sure to read the accompanying Ski Schedule Notes for more information about specific trips, as well as the note regarding signing up. Both contain important information, some of it new. Detailed information about each destination is in an additional note.

<u>Date</u>	<u>Destination</u>	<u>Leave/Return</u>	<u>Trail Fees</u>	<u>Details</u>
Sun Dec 4	Highlands Nordic	8:00am-6:00pm	13-13-13	Snow Dance Anyone?
Sun Dec 11	Highlands Nordic	8:00am-6:00pm	13-13-13	Lesson Sun Class
Sat Dec 17	Horseshoe	8:00am-6:00pm	20-13-13	Lesson Sat Class
Sun Dec 18	Scenic Caves	8:00am-6:00pm	15-14-14	Guided SS Hike
Tues Dec 27	Wasaga	8:00am-6:00pm	8-8-2	Mid-Week Trip
Wed Jan 4	Highlands Nordic	7:45am-6:00pm	10-10-10	Oak 7:45; Burl 8:00
Sat Jan 7	Ganaraska	8:00am-6:00pm	12-12-6	Backup Lesson Sat
Sun Jan 8	Hardwood	8:00am-6:00pm	21-18-13	Backup Lesson Sun, SS Hike
Sat Jan 14	Mansfield	8:00am-6:00pm	15-15-10	Lesson Follow Up
Sun Jan 15	Arrowhead	7:45am-8:00pm	24-24-24	Burl 7:45; Oak 8:00; Depart 4:00pm
Wed Jan 18	Highlands Nordic	7:45am-6:00pm	10-10-10	Oak 7:45; Burl 8:00
Jan 21-29	Silver Star Trip			
Sat Jan 21	Horseshoe	8:00am-6:00pm	20-13-13	
Sun Jan 22	Ganaraska	8:00am-6:00pm	12-12-6	Guided SS Hike
Sat Jan 28	Mansfield	8:00am-6:00pm	15-15-10	
Sun Jan 29	Hardwood	8:00am-6:00pm	21-18-13	
Feb 2-5	Ottawa Ski Trip			
Sat Feb 4	Wasaga	8:00am-6:00pm	8-8-2	
Sun Feb 5	Horseshoe	8:00am-6:00pm	20-13-13	Guided SS Hike
Wed Feb 8	Mansfield	7:45am-6:00pm	13-13-10	Oak 7:45; Burl 8:00
Sat Feb 11	Allegany	7:45am-8:00pm	20-20-20	Oak 7:45; Burl 8:00; Depart 4:00pm
Sun Feb 12	Hardwood	8:00am-6:00pm	21-18-13	
Feb 12-17	Lake Placid Trip			
Sat Feb 18	Horseshoe	8:00am-6:00pm	20-13-13	
Sun Feb 19	Scenic Caves	8:00am-6:00pm	15-14-14	Guided SS Hike
Mon Feb 20	Wasaga	8:00am-6:00pm	8-8-2	Family Day
Sat Feb 25	Glenelg	8:00am-6:00pm	8-8-8	
Sun Feb 26	Highlands Nordic	8:00am-6:00pm	13-13-13	Tailgate Party
Wed Feb 29	Mansfield	7:45am-6:00pm	13-13-10	Oak 7:45; Burl 8:00
Sat Mar 3	Hardwood	8:00am-6:00pm	21-18-13	Guided SS Hike
Sun Mar 4	Scenic Caves	8:00am-6:00pm	15-14-14	
Sat Mar 10	Horseshoe	8:00am-6:30pm	20-13-13	Depart 4:00pm
Sun Mar 18	Highlands Nordic	8:00am-6:30pm	13-13-13	Depart 4:00pm
Mar 19-28	Yukon ski trip			

What You Need To Know About Day Ski Trips

Please read carefully as there are some changes.

1. Bus fare: The bus fare is \$20 for adults, \$25 for guests, and \$9 for children, provided the office receives your cheque at least one week ahead of the trip (see #2). You can book by phone in the last week before the trip; then the fare will be \$25 for adults and guests and \$10 for children. **If you book by phone the fare will be collected as you board the bus. At the second pick-up point, usually Oakville, pre-paid passengers have priority boarding. A**

cheque for bus fare is preferred but we will take cash. However, if you pay on the bus for future trips only cheques will be accepted. Do not confuse the bus fare with the trail fee (see #7). **You must pay both.** Note that for long trips (Allegany and Arrowhead) there will be a surcharge to cover the increased bus cost to these destinations. **This bus surcharge is included in the published trail fee for that destination and will therefore be collected on the bus.**

2. Reservations: To reserve a bus seat, send a **separate** cheque for each trip in an envelope to **The Halton Outdoor Club, 3310 Palmer Dr., Burlington, ON, L7M 1X3**. On the **back** of each cheque, write the **trip date**, trip destination and your phone number. If you want to join the bus in Oakville, also write "Oakville" on the back of the cheque. **We must receive your cheque at least one week prior to the scheduled trip for you to qualify for the reduced rate.** Assume you are booked. We will not be calling you.

3. Trail Fees: Are paid in **cash** and are collected on the bus. Try to have the exact amount in cash.

4. Departures: For most trips the bus leaves Burlington at 8:00am and arrives in Oakville at 8:10am. **Exceptions:** 1) On the trip to Allegany the bus stops first in Oakville at 7:45am with a second stop in Burlington at 8:00am. A stop may be made in Vineland if required.

2) New departure time for Arrowhead: the bus starts from Burlington at 7:45am with pick-up in Oakville at 8:00.

3) Mid-week trips on Jan 4, Jan 18, Feb 8 and Feb 29 depart Oakville at 7:45am with pick-up in Burlington at 8:00.

Allow enough time to put your skis in the baggage compartment and get seated before the departure time. **Be on time or be left behind!**

5. Standby: If you are on "standby", do not get on the bus until instructed to by the ski trip leader, as people who have paid in advance have priority.

6. Weather: If weather or snow conditions are unstable or poor at the scheduled destination, or if driving conditions dictate, we may go to another destination or we may possibly have to cancel at trip. **Call the Club** at 905 634-2012, or toll free 1 877 877-4550, after 3:00pm on the Friday before the trip to find out if the trip has been cancelled or re-routed, there will be a recorded message with up-to-date information. Trip status information will also be placed on the web site bulletin board.

We will not be calling you. You should bring some extra cash in case the alternative destination has more expensive trail fees. If the situation is uncertain, continue to monitor the Club's answering machine and website for updates.

7. If you have to cancel a day trip: Leave a message as early as you can by calling the Club at **905 634-2012**. Your cheque will not be cashed if you cancel before midnight on the Thursday night preceding the trip. After Thursday, consider your cheque cashed and your seat reserved. However, if

you provide a substitute or we are able to fill the bus, your cheque will not be cashed. This policy applies to day trips and ski lesson fees.

8. Telephone Reservations: You may reserve by calling the club. However, be aware that **verbal reservations are considered binding**. If you don't show up and we have reserved your seat on the bus, you are expected to pay for that seat anyway.

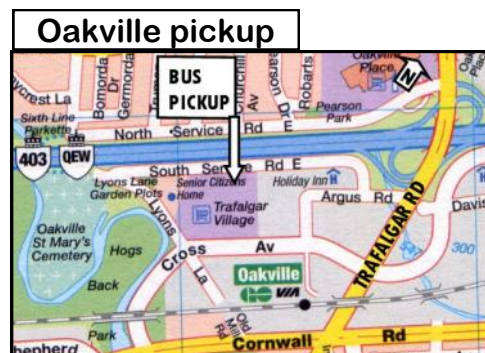
9. Directions to pick-up points:

Burlington: The new location is the MTO car pool parking lot on the North Service Road at Guelph Line, (43.350017-79.808197).

Coming from the west on the QEW, exit for Guelph Line and turn left (go N). Turn left at the next road, which goes to the North Service Road. This street curves around. Go right at the traffic light onto the North Service Rd to get to the parking lot, which is on your right.

Coming from the east on the QEW, exit for the Guelph Line, cross Guelph Line by going straight ahead to the North Service Road, and proceed as directed above.

Oakville: From the QEW take Trafalgar Rd South. Turn right onto the South Service Rd. Follow it around and park in the lot behind Europe Bound at 166 South Service Rd. E. Carry your skis over the divider and in the No Frills lot where you will see other skiers gathering.



Descriptions of Skiing Destinations

Allegany State Park, New York: A particular scenic, but also hilly area, the Art Roscoe Ski-Touring Area consists of some 35 miles of trails which range from beginners to expert. There are 8 loop trails ranging from 1 to 6 miles in length. Three of the trails are also suitable for skating for a total of 10 miles. There is a small chalet with ski rentals and waxing facilities. Hot and cold drinks and a limited food selection are available, but we suggest you bring your own food. This destination is approximately 100km south of Buffalo. Everyone must have a passport to enter the United States. If there are any problems at the border, it is your responsibility to get back to Burlington/Oakville - the bus will not wait.

Note: Oakville pick up is at 7:45am for this destination, the second pick up will be at the Burlington location at 8:00am. Third pick up in Vineland if needed. No snowshoeing at this destination.

Arrowhead Provincial Park: Located near Huntsville and therefore more distant, it often has snow when others don't. There are 8 groomed and track-set trails in the park with a total length of about 33km. There are 11km for skate skiing and a 6km trail for snowshoeing. The park is very scenic and mostly wooded, but has open areas and some parts are quite hilly. There is a small snack bar which provides hot drinks but you should bring a lunch. There are ski rentals and a waxing room.

Glenelg Nordic Ski Trails: The Glenelg Nordic Ski Trails are located approximately 8km from the village of Markdale. There are 28km of scenic trails which are easy to challenging, groomed and track-set, with maps on the trails. Moderate to challenging hills will keep you skiing through a mix of hardwood and evergreen forest. The local snowmobile club has a club house which is open on the weekends and skiers are welcome to use it. The chalet sells food (chili, hamburgers, hot dogs, etc) and beverages. The skiing and snowmobile trails are completely separate. No skating trails, no snowshoe trails and no rentals.

Hardwood Ski & Bike: Traditionally this area has been one of the best resorts for Nordic skiing in Southern Ontario. It boasts of 10 different loops ranging from 3km to 19km of the best groomed and track-set trails anywhere for both Classic and Skate skiing. There is a trail for every level of ability from beginner to elite racer. There are also snowshoe trails, and illuminated trails for evening skiing. This resort has a full-service cafeteria, excellent retail ski shop, ski and snowshoe rental facilities, waxing areas and a first aid room.

Highlands Nordic: Highlands Nordic is located on the top of the escarpment and close to Georgian Bay. This destination has excellent snow conditions and a long ski season. The 24km trail network offers skiing for beginners to experts. The trails are groomed and track-set daily for both Classical and Skating techniques. There are 7km of snow shoe trails. The Highlands Lodge has an excellent cafeteria, boxed lunch room, rentals, pro shop, and waxing facilities.

Horseshoe Valley: An old favorite for many! There are 35km of trails through scenic rolling woodland suited to all abilities, including 8km of trails for snowshoeing. Trail distances range from 1km to 12km. There is a cafeteria, large eating area, ski rentals and a place for waxing. Horseshoe is located at the junction of 2 snow belts. Very often they have good skiing when other areas do not. This resort has a good retail shop which now stocks both Atomic and Salomon equipment.

Mansfield: This area offers a 40km network of 7 trails: 6 trails for Classic skiing and 1-10km trail for skate skiing. These trails are graded from novice to expert. The trails (with exception of two beginner trails) are located on top of the escarpment which means there is a long but gentle and gradual hill which must be climbed to reach the start of the trails - but it is fun to ski down! There is a snowshoe area as well. There is a waxing building, ski rentals, and a chalet with a cafeteria selling some delicious home-made food.

Scenic Caves Nordic Centre: Scenic Caves Nature Preserve is on the highest point of the Niagara Escarpment, approximately 10km west of Collingwood. The trails range from beginner to intermediate level, and the area offers beautiful scenery, wooded wilderness and usually good snow conditions. It boasts of 22km of combined Classic and skate skiing trails along with 7km of snowshoe trails. Facilities: Pleasant Chalet and a heated lunch room with wood stove. Only refreshments and limited food purchases are available and so bring your own lunch. There are ski rentals and waxing facilities. New this year is a small retail outlet.

Wasaga Beach Provincial Park: The park offers about 30km of trails through rolling terrain in the Dunes area. There are at least 6 trails to choose from, each designed for a different level of ability, a 7km skating trail, and snowshoe trails. The main ski hut provides a heated shelter for eating. There is a separate building for ski waxing. Ski and snowshoe rentals are available. Only soft drinks and snacks are sold so we suggest you bring your lunch.

Ski Schedule Notes 2011-2012

by Toni Quinn

Introduction: If the ski schedule looks a little odd this year, it's because it is. Christmas and New Year's Day fall on weekends. The consequences are that we lose 4 day trips. As a result, for our early season trips, a higher proportion than usual is restricted to destinations suitable for lessons. To compensate, there are additional mid-week trips this year.

New pick-up point: Unfortunately we can no longer use the Walker's Line pick-up point. The new spot is the MTO car pool parking lot on the North Service Road at Guelph Line, in Burlington (43.350017-79.808197). Coming from the west on the QEW, exit for Guelph Line and turn left (go N). Go left at the next road, which goes to the North Service Road. This street curves around. Go right at the traffic lights onto the North Service Rd to get to the parking lot, which is on your right.

Coming from the east on the QEW, exit for the Guelph Line, cross Guelph Line by going straight ahead to the North Service Road, and proceed as directed above.

New pick-up times and other pick-up reminders:

Please check the schedule carefully before your trip. There is a new pick-up time of 7:45am for Arrowhead and for mid-week trips (except Dec 27 to Wasaga). Mid-week trips to Highlands Nordic, Mansfield, and as well to Allegany originate in Oakville at 7:45am with the next pick-up in Burlington at 8:00.

Late departures: We leave Arrowhead and Allegany at 4:00pm, and do the same on the last two trips of the season, in order to take advantage of the longer spring days for more time on the trails.

Ski Lessons trips: The ski lessons trips, and lesson follow-up trips, are available to all skiers. You do not have to sign up for, or take part in, the lessons to go on these trips.

Snowshoe hikes: On the trips designated as Guided SS hike, there will be a guided snowshoe hike for a half day, or more if you wish. It is, of course, possible to snowshoe without a leader on many of the other trips. With the exception of Glenelg, all resorts have snowshoe trails and rentals.

Sat Jan 7 and Sun Jan 8 - Ganaraska and Hardwood: If one, or both, of these dates is required for ski lessons the destination(s) will be changed.

Sat Jan 7 and Sun Jan 22 - Ganaraska: Ganaraska always makes for an enjoyable day for all who participate. However, due to snow conditions we rarely manage to get there, averaging about once in 3 years. This year it is on the schedule twice to increase our chances of getting there at least for one day.

Sun Jan 15 - Arrowhead and Sat Feb 11 - Allegany:

These two destinations are more distant than others and consequently the bus rental is considerably higher. These trips require that a minimum of 35 people sign up by Thursday evening before the trip, otherwise the destination will be changed to a closer one. The *combined* trail fee and bus surcharge for these trips appears on the ski schedule as the trail fee. Your cheque for the bus fare covers the regular amount of bus fare. This eliminates confusion if we must revert to a local destination. The return trip from the ski area will be at 4:00pm with expected arrival in Burlington between 7 and 8pm.

Sat Feb 11 - Allegany: If this destination has to be changed due to weather or snow conditions, Arrowhead will be the substitute of choice. However, given weather patterns in recent years it is possible that another of our regular destinations will be substituted.

Mon Feb 20 - Family Day at Wasaga: We are celebrating Family Day with a special trip to encourage families to ski together. On this trip children under 18 years old will travel free on the bus, although you will have to reserve a seat for them and pay the trail fee. We encourage you to bring your children, grandchildren, nieces, nephews and young friends on this trip. We have chosen Wasaga as the destination for this trip as their trails range from short and easy to long and more challenging, and trail fees are reasonable. We will also waive the guest fee (but not the bus fare) if you wish to bring adults who are not members, perhaps the parents of those kids.

Sat Feb 25 - Glenelg: This day will be the backup date for Arrowhead (Jan 15) and Allegany (Feb 11). If either of these destinations has to be changed due to weather or snow conditions, we will reschedule the trip to this date instead of going to Glenelg. We will not reschedule if the trips are cancelled because of an insufficient number of people signing up.

Sun Feb 26 - Tailgate Party: Join in our second annual lunchtime tailgate party. The barbecues will be fired up near the busses so the burgers and other goodies will be ready as you come off the trails in need of refreshment. Tickets are purchased on the bus that day.

Instructor's Corner #28 Ski Skating Diagnosis 2

Brent Tremblay in collaboration with Ruth Kihs

Here are answers for ski skating diagnosis #27 that asked you to reflect on what is effective, what is not & how improvements can be made. Instructor's Corner articles 16, 17, 18, 19 & 25 on the Club Web Site relate. These are the skaters from #27 for your reference: Larger ones are on the website.



Photos Brent Tremblay

1. The powerful one-skate technique used by the third ski skater stands out because:

- The alignment of his knees and toes over a flat glide ski as he brings his head over to also line up his nose will give him complete weight transfer, glide and balance. See the yellow line superimposed on the photo.
- The hips are coming forward as he transfers his weight to the glide ski on a relatively straight leg and his poles are extended giving further push ahead.
- His right push ski is rising off the snow parallel as it skims back beneath the body (heel to toe) before the next push.
- He is leaning forward with his poles extended in a follow through as he exudes power and control.

2. #18 in blue, the fifth picture, is doing the Offset as he rounds a curve and makes a sharp turn to the left.

- The left arm is up and the right arm is lower in the Offset stance.
- He is leaning into the curve balanced ready to straighten to come out of the turn.
- As he starts the straight away his weight will go from the right ski to the left and he will end up in a three-point touch with the left ski on the snow and the right skimming the surface to make a heel to toe position.
- In summary, his weight is distributed effectively, poles angled correctly with a balanced approach that will allow him to transfer weight.

Halton Outdoor Club Winter Hiking News

by Phill Armstrong

The last bus hike of the season goes out tomorrow as I write this. A record 77 people booked the excursion to Bel-fountain and Credit Forks. Two buses will therefore go from the 777 Walkers Line location. It will be the last time we run a bus or ski trip from there, the owners have asked that we find a new location but they let us finish the season off first. The new locations for bus trip pickups will be advertised with the ski schedule and individually with future bus trips.

The **Caribbean Contrasts Cruise and Walking Holiday** in March 2012 is booking. Payments are due December 1 but there are still a few places left so if you can book and pay in one step you may still be able to go. The advertisement is on the club website and in this newsletter.

An important note about the **Guided Hiking in England September 2012**. The response to this holiday has been surprising, 41 people have booked to date which is near the limit of the hotels in Coniston and Bourton. If you're interested in going please put your name on the waiting list. The advertisement will continue on the website but will not be included in this newsletter

Halton Club members continue to lead a great variety of hikes. We encourage our leaders to list their hikes in the Iroquoian magazine which means they are also members of the Bruce Trail Club. There are many more hikes listed in the Iroquoian led by people who are not members of our club. If you are interested in participating in these other hikes you should be members of the Bruce Trail Club.

If you've been on a few of our trips and think you'd like to lead some bus hikes or longer trips, please let us know. We are always looking for new people to refresh the program. You will find it both fun and challenging. You'll notice there are some day hikes missing from this newsletter. Most of the day hikes come from the local Iroquoian chapter of the Bruce Trail Conservancy and their winter hikes are not yet available to meet our publishing deadline. As soon as they are available they will be posted on the Halton Club Website <http://outdoor.spectranet.ca/>

Hiker's Information: Wear appropriate footwear for the terrain, and dress accordingly for the weather. You should bring water, and snacks or lunch. For safety reasons, inform your leader if you intend to leave a hike before its conclusion.

The first rating describes the pace of the hike, and the second describes the difficulty of the hike.

<u>Pace</u>	<u>Difficulty of Terrain</u>
Slow = 1.5-2.5 km/h	Easy (1-2) = Mostly flat and easy, good footing
Moderate = 2.5-3.5 km/h	Normal (3-4) = Some hills and poor footing
Medium = 3.5-4.5 km/h	Strenuous (5-6) = Hilly and poor footing
Fast = 4.5-5.5 km/h	Difficult (7-8) = Very hilly, rocky, poor footing
Very Fast = 5.5 km/h +	Very Difficult (9-10) = Most rugged, very hilly, very rocky, bad footing

Hike Leaders: On bus hikes, a sign-in sheet must be passed around. On all hikes (excluding evening walks), non-members (those who are not a member of either the Halton Outdoor Club or the Bruce Trail Association) must sign a Release & Waiver Form.

Notice to participants: All leaders are unpaid volunteers. You are welcome to participate in their activities, but you do so at your own risk.

Phill Armstrong, Hiking Director, Halton Outdoor Club, 905 337-3937, phillip.armstrong@sympatico.ca

Regular Weekly Walks

Every Wednesday except Dec 28, Walk for Health and Fun, 1.5hrs at a Medium to Fast Pace. Climb the steps and walk the streets and trails of West Hamilton. Meet at 7:10pm (NEW TIME so that more of you can get there!) at the corner of Mohawk and Upper Paradise in the Westcliffe Mall parking lot (near Food Basics). Come along for a brisk, aerobic walk. During the winter, we hike the streets and the lit rail trail as well as going up the stairs once, which is also lit. Hike is cancelled if there is heavy rain or heavy snow. We still do hike in the cold though (wear your thermal underwear!) There will be no hike on Dec 28 due to Christmas. Leader Paul Lewis 905 331-8600 or email outdooractive@hotmail.com.

Every Thursday, Grimsby Hikes, 7:00pm 1.5 hrs. Meet at Lions Club Pool Parking Lot off Main St, just west of Mountain St lights. Hike cancelled in poor weather. Hike difficulty Med. Wear appropriate foot wear and bring water. Sometimes uneven terrain, hike routes to be varied. Optional pub stop after hike. Leader Carol Taylor 289 566-8657 before 8pm please.

Every Friday Night, Burlington Waterfront, 2hrs. Meet at 7:30pm in the Lakeshore Rd parking lot just east of the Waterfront Centre and restaurant for a brisk walk along Lake Ontario to the canal and back. Hike is cancelled due to poor weather. Med. 2, Leader Lorne Caruthers. For information call Paul Lewis at 905 331-8600 or outdooractive@hotmail.com.

Special Event Walks

Tues Dec 13, Christmas Light Walk, Burlington, 1.5 hrs. Meet at 7:00pm at Eastway Plaza at the corner of Walkers and New St for a Christmas Light walk around the streets of Burlington. Of course, we will spend some time at the huge display on Spruce Ave, which now has more lights and characters in the back yard too! Optional Tim's or Pub stop after the hike. Mod 2. Leader Paul Lewis 905 331-8600 or email outdooractive@hotmail.com.

Thurs Dec 22 - Christmas Light Walk, Burlington, 1.5hrs. Meet at 7:00pm at Roseland Plaza at the corner of Guelph Line and New St for a Christmas Light walk around the streets of Burlington different than the Dec 17 hike, except we will still go to the huge display on Spruce Ave, which now has more lights and characters in the back yard too! Optional Tim's or Pub stop after the hike. Mod 2.

Sun Jan 1, Annual New Year's Day Hike RBG Arboretum. Meet at the RBG Arboretum on Old Guelph Rd for a one or two hour hike beginning at 1:30pm. Refreshments after each hike.

General Hikes

Sat Nov 12, Oakville Morrison and McCraney Ravines, 12km. Meet for a 10:00am start at Trafalgar Ridge Plaza, 2431 Trafalgar Rd. Look for Home Sense/Winners. Park near the Scotia Bank, facing Trafalgar Rd. This hike takes in two of Oakville's finest creek ravines: 9km of trails, 3km of footpaths and 4 ponds. Mostly level, only a couple of short, steep hills. Mod 3. Bring snacks. Optional pub lunch afterwards. Leader Phill Armstrong 905 337-3937.

Sat Nov 19, Breakfast and Waterfall hike, 10Km. Meet 8:20am in the Municipal Parking lot beside the Village Theatre on Dundas Rd (Hwy 5) in downtown Waterdown. From here we will walk to Knox Church on Mill Street and enjoy a world famous breakfast prepared for us by the men of the church. Cost \$6. Then it's off to Smokey Hollow to hike through Waterdown Woods to Kerncliff Park, along the McNally and Waterdown Rd ST to Grindstone Creek and back. Bring drink and snack. Rocky sections. Mod 3. Please email (preferred) or phone me by Friday so I can reserve tables. Leader Connie Rusyntyk 905 689-2203, c.rusyntyk@sympatico.ca.

Thursday Midweek Hikes

All hikes are at a moderate pace with the likelihood of hills and rocky footing. No dogs please. In the event of inclement weather please call the hike leader. Also, feel free to call if you would like to make carpool arrangements. Hike co-ordinator is Connie Rusyntyk, c.rusyntyk@sympatico.ca, 905 689-2203.

Thurs Nov 3, Mountsberg C/A, 13km. Meet for a 10:00am start at Mountsberg Conservation Area, Milborough Line, north of Campbellville Rd. We will do a loop hike including Pioneer Creek Trail, Sugarbush Trail and the Lookout Trails. Parking fee in effect or Conservation Area Pass. Hiking boots. Bring lunch, snack, water. Mod 3. Connie Rusyntyk c.rusyntyk@sympatico.ca, 905 689-2203.

Thurs Nov 10, Port Credit GO Stn to Long Branch GO Stn, 13km. GO to GO walk. Meet at Port Credit GO Station, hike to Long Branch GO Station on the Waterfront Trail through the Adamson Estate and Marie Curtis Park. Leader will meet the GO train from Hamilton direction at 9:43am at Port Credit. Mod 1. Leader Valerie Dobson 905 828-1729 vmdhikerg@gmail.com.

Sat Nov 26, Fall at the Fisher Property, 5km. Meet at the corner of Highview Dr and Springer Cres where the Fisher Access Trail is located. Km 78.6, Map 9. Take Dundas St, turn north onto Cedar Springs Rd, drive 640 metres and turn right onto Highland. Beautiful late fall hike but be ready for lots of hills. Mod 6. No dogs please. Leader Paul Toffoletti 905 634-2642.

Sun Nov 27, Crawford Lake, 10km. Meet for a 10:00am start in the lower parking lot of Crawford Lake Conservation Area on Guelph Line, north of Derry Rd. Map 11. Mod 5. Some hills and rocky sections. Parking fee or Conservation Area pass. Bring a lunch. Refreshment stop afterwards. Leader Anne Armstrong 905 337-3937.

Tues Dec 13, Christmas Light Walk, Burlington, see special events.

Thurs Dec 22, Christmas Light Walk, Burlington, see special events.

Sun Jan 1, Annual New Year's Day Hike, RBG Arboretum, see special events.

Sun Jan 15, Sixteen Mile Creek Valley Oakville, 9km. Meet for a 10:00am start in the southeast parking lot at the corner of Neyagawa Dr and River Glen Blvd in Oakville. We will do a loop hike of the beautiful trails of the Sixteen Mile Creek Valley. Mod 3. Bring a snack and icers. Optional lunch stop afterwards. Leader Anne Armstrong 905 337-3937. hikinggrandma@gmail.com.

Sun Feb 12, Rattlesnake Point Loop, 8/10 km. Meet for a 10:00am start in the upper parking lot of Rattlesnake Point Conservation Area on Appleby Line, north of Derry Rd. We will do a loop hike of the Conservation Area trails (8 km). If there is not too much snow we will go to the Interpretive Centre at Crawford Lake as well (10km). Mod 5. Map 11. Bring a lunch and icers. Parking fee in effect or Conservation Area pass. Leader Anne Armstrong 905 337-3937. hikinggrandma@gmail.com

Thurs Nov 17, Kilbride/Crawford Lake, 11km. Meet for a 10:00am start at in the lower parking lot of the Crawford Lake Conservation Area on the east side of Guelph Line, north of Derry Rd. We will carpool to the parking lot behind the school in Kilbride and walk back. Maps 10/11. Mod 5. Bring a lunch. Parking fee in effect or Conservation Area Pass. Leader Anne Armstrong 905 337-3937.

Thurs Nov 24, Patterson Road to Kerncliff Park, 10km. Meet for a 10:00am start at Kerncliff Park, Burlington (please note there is no longer access from Highway 5 south along Kerns Road). We will car pool to Patterson Rd Hwy 6 underpass. Bring water and snack. Mod 4. Leader Terry Rose 905 637-2918.

Hikers R Us

Every Wednesday. Bring lunch water, bug spray and sun protection. Wear clothing suitable to the weather and proper hiking boots. Notify leader if you will be attending as sometimes circumstances dictate that the hike be cancelled or changed. No dogs please. Convener: Connie Rusnyk, c.rusnyk@sympatico.ca, 905 689- 2203. Map references are from Edition 26.

Wed Nov 9, Grand River, Kitchener, 13km. Meet for 8:45am start in the parking lot at Hwy 6 just south of 401. We will carpool to the Community Centre on Pioneer Dr in Kitchener. Carpool directions: From Hwy 6 go along the 401 to the Kitchener exit on Homer Watson. Go north on Homer Watson and turn left on Pioneer Dr. The community center is on Pioneer Dr, just up a little way on the right and past Pioneer Park Plaza on the left. We will hike along the Grand River and take in some great views from Pinnacle hill. Bring lunch to have on Pinnacle Hill if it is not too cold. Refreshments at Tim Hortons in Pioneer Park Plaza at the end of the hike. Leaders Liz and Raymond Ramshaw, rramshaw@sympatico.ca

Wednesday, Nov. 23 - Preston (In and Out Hike) - +/- 16 km. Meet for 8:45am start in the parking lot at Hwy 6 just south of 401. We will carpool to Riverside Park in Preston (49 King St West, Preston) and park in the lower parking lot for

Cambridge Surplus store. Directions: Take the 401 West toward Cambridge and exit at 278 for Regional Rd 8. Turn left onto King St E/ON 8 E/Regional Rd 8. Turn left onto Fountain St S. Take the 1st right onto King St W/ON-8 E/Regional Rd 8 (signs for Waterloo). Turn left onto Eagle St N. Meeting place is on the left. We'll hike the Mill Race trail towards Hespeler, then back to Preston and have lunch at the City Cafe (place with the awesome pizza and baked yummys.) Hiking boots. Med 3, Leader Louise, llanglc401@rogers.com.

Wed Nov 30, Iroquoia Woods, 12km. Meet for 9:00am start in the parking lot closest to Trafalger Rd, just off Leighland Ave. We will do a loop hike through Iroquoia Woods above Ford and back for a late lunch at the food court in Oakville Place or one of the restaurants there. Hiking boots. Med 2, Leader Norm Young, myoung2@sympatico.ca.

The Slowpokes, Gentle Hikes for Gentle folk

NOTE: All hikes start at 10:00am on Wed mornings unless otherwise stated. In the event of inclement weather, a hike may be cancelled. If in doubt, check with the hike leader. Also bring a lunch when noted in the hike description. General hike coordinator is Al Hutchison 905 639-1771, email alhutch@sympatico.ca.

Nov 2, Smokey Hollow, 5-10km. Meet in parking lot at Smokey Hollow for a hike towards Kerncliff Park. Depending on your inclination we can hike all the way to the park and back, or not. Perhaps a pub lunch after? J Mod 2, Leader Gordon Proudfoot 905 387-5657.

Nov 16, Bayfront Park and Others, 8km. Meet at Bayfront Park (Pier 4) for a circular hike to Cootes Paradise, Churchill Park returning by way of Kay Drage Park and Dundurn Park. Bring lunch. Mod 3, Leader Bill McGuire 905 389-6194.

Wed Dec 7, Sherman Falls, 4km or 8km. Meet at the parking area on Lions Club Rd adjacent to Sherman Falls. Depending on trail and weather conditions we will hike either to Tiffany Falls for 4km or to the Dundas Valley Trail Centre for 8km. Either way we get to see some waterfalls. Mod 4. Leader Gord Proudfoot 905 387-5657.

Wed Dec 14, River And Ruin Trail, 6km. Meet at Lowville Park on Guelph Line for a circular hike. Slow 2. Leader Al Hutchison 905 639-1771.

Wed Dec 21, Hamilton Beach Trail, 6km. Meet at the Municipal parking lot, between Hutch's and the Lakeland Pool and Bistro on Van Wagner's Beach Blvd for a walk along the trail towards the lift bridge. Mod 1. Leader Harry Marshall 905 679-4748.

Wed Jan 4, Chedoke Golf Course, 6-8km. Meet at the Chedoke Golf Course parking lot. Trail and weather conditions will dictate how long and where we hike. Mod 3. Leader Marion Fletcher 905 628-5537.

Wed Feb 1, Northshore Trails, 7km. Meet at the RBG parking lot on York Rd, Dundas. Circular hike on the trails. Slow 4. Leader Harry Marshall 905 679-4748.

Wed Feb 15, Bayfront Trail, 6km. Meet at the Bayfront Park near Williams Restaurant, for a walk along the Waterfront

The Happy Wanderers

Bring lunch, water, sun, and bug protection. Wear clothing suited to the weather and proper hiking boots. Notify leader if you will be attending as sometimes circumstances dictate that the hike be cancelled or changed. Errol MacKenzie e.mackenzie@sympatico.ca or 905 627-9497 Dundas before 9pm please. Map references are from 26th Edition.

Mon Nov 7, Niagara, Cairn, Upper Heritage, Gen.Brock - Loop, 15km. Meet for 08:45 exit at Hamilton Beach, Burlington side of Hutch's near small red brick building. Move some cars to the Cairn. Map 1, Km. 0.0. Hike the Main trail, Upper Canada Heritage ST, General Brock ST back to cars at the Cairn. Hiking boots, no dogs, Med 3. Loop hike.

Mon Nov 14, Iroquoia, Crawford Lake, Rattlesnake - Loop, 13km. Meet for 09:30 at Crawford Lake Conservation Area, Map 11, Km 105.4 (Guelph Line and Conservation Rd). Hike to Rattlesnake Conservation Area and back. Hiking boots, no dogs, Med 3. Admission fee required.

Mon Nov 21, Oakville, Shell Park, Bronte Waterfront - Loop, 13km. Meet for 08:45 exit at Shell Park, Lakeshore Dr, Oakville, West of Bronte Rd just east of Great Lakes Blvd. Hike the trails of Shell Park, through Village Wood Park and along Bronte Creek and Bronte waterfront to Coronation Park. Hiking boots, no dogs, Med 2.

Mon Nov 28, Dundas Valley - Loop, 15km. Meet for 09:00 exit at Dundas Valley Conservation parking lot, Governor's Rd, Dundas. Map 8, Km 50.4. Parking fee per car. Hike some trails of the Dundas Valley. Hiking boots, No dogs, Med 4, Hilly, Loop hike.

Membership Discounts

Ancaster

Ancaster Cycle

365 Wilson Street East 905 648-2288
10% off regular priced parts, accessories and clothing. Does not include bikes or labour.

Burlington

Brant Cycle

892 Brant Street 905 637-3737
10% off all regular priced products.
Does not include bikes, trailers or labour.

Tumblehome

401 Brant Street 905 639-8713
10% off all regular priced items.

Dundas

Adventure Attic

28 King Street West 905 628-2929
10% off regular priced items

Dunnville

Grand River Kayak

2 Port Maitland Road 905 701-6818
10% off regular priced items, lessons & tours

Hamilton

Central Cycle

965 King Street East 905 522-8445
10% off regular priced items

McMaster Sports

1331 Main Street West 905 523-8880
10% off all regular priced items.

Pieriks Cycle

840 King Street West - Westdale 905 525-8521
10% off regular priced items.
Does not include bikes or labour.

Mississauga

Rack Attack Mississauga

3145 Dundas Street West, Unit 9 905 828-7225
10% off racks

The Canadian Outdoor Equipment Co.

199 Lakeshore Road East, Unit A 905 990-1750
5% off of all "Woolpower" products

Oakville

Hikers Haven Europe Bound

166 South Service Road East 905 849-8928
10% off all equipment rentals, & regular-priced clothing, footwear and camping gear over \$100.

Oakville Cycle and Sports Ltd

105 Cross Ave - Trafalgar Village 905- 844-4394
10% off all regular priced items.

The Running Company

118 Thomas Street 905 815-1952
10% off all regular priced items.

Stoney Creek

All The Right Gears

288 Grays Road Unit 2, near Barton. 905 561-4030
10% off regular priced items.
Does not include bikes and labour.

Waterdown

Bicycle Works

316 Dundas Street East 905 689-1991
10% off all in-store items.
15% off tune ups before April 15th.
Does not include bikes or labour.

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Turkey • Ireland Austria • Slovenija & Croatia
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January 28 to February 4, 2012

The Matterhorn awaits!

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June 12 to 22, 2012

With more shades of green than you can imagine, the **Emerald Isle** lives up to its deserving reputation. From historical Dublin to picturesque Killarney & parts in between, we will take you hiking through some of the most sought-after scenery the country has to offer - and we'll even make a few pub stops along the way!

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The land of the midnight sun!

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Lake Placid, New York
February 12 to 17, 2012, see page 9

Please register ___ people at \$100 each, total \$_____.

Name _____

Address _____ City _____

Postal Code _____ Phone: home () _____ work () _____

Email _____

Will share accommodation with _____

Ottawa (Winterlude) Skiing Weekend
February 2 to 5, 2012 See page 8

Please register ___ people at \$100 each, total _____.

Name _____

Address _____ City _____

Postal Code _____ Phone: home () _____ work () _____

email _____

Will share accommodation with _____

Mail to: Halton Outdoor Club, 3310 Palmer Dr., Burlington ON, L7M 1X3

Caribbean Contrasts Cruise and Walk Holiday
March 15 to 29, 2012 See page 10

Please register ___ people at \$300 each, total _____.

Name _____

Address _____ City _____

Postal Code _____ Phone: home () _____ work () _____

email _____

Will share accommodation with _____

Ski Lesson Registration Form

Level 1 on December 11 or December 17, 2011

Level 2 on December 17, 2011

Registration deadline is December 1, 2011 see details page 12

Please register ___ people at \$80 each, total \$____. Cheque only please, no cash.

Email, please print _____

Name(s) _____, & _____,
& _____, & _____.

Please provide a child's age after their name

Address _____ City _____

Postal Code _____ Phone home () _____ work () _____

Lesson Type: Level 1 Level 2

Prefer Level 1 Ski Lessons on: Either day Sun. Dec. 11 Sat. Dec. 17

Oakville pickup? Yes No

Do you need to rent skis? Yes No

Make cheque payable to and mail to: Halton Outdoor Club, 3310 Palmer Drive, Burlington ON, L7M 1X3

Tell us about your skiing experience: _____

Mail to: Halton Outdoor Club, 3310 Palmer Dr., Burlington ON, L7M 1X3

Yukon Trip

March 19 To 28, 2012 See page 11

Please register ___ people at \$200 each, total _____.

Name _____

Address _____ City _____

Postal Code _____ Phone: home () _____ work () _____

email _____

Will share accommodation with _____

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MON - FRI: 9:30am - 9:00pm

SATURDAY: 9:30am - 5:30pm

SUNDAY: 12:00 - 5:00pm

**DEC 25 & 26 : CLOSED
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